



# FOCUS TRAINING 1

*Publication series prepared specifically for training summer camp volunteers.*

## PERSONAL PREPARATION

### SPIRITUAL STATE

**Camp is a week-long intensive spiritual experience, therefore it is important that you are prepared in at least three areas:**

#### *1. Understand our doctrinal position*

We recognize only the teachings of the Scriptures in regard to salvation. The Scriptures clearly teach faith, repentance, confession, baptism and Christian living as fundamental to the accepting of Christ as Savior. Doctrinal views that are not consistent with the Church of Christ/Christian Church view of Scripture are not to be taught. We are a direct teaching arm of our supporting churches.

#### *2. High personal code of conduct*

Because camp leaders are role models to the campers, you must be a Christ-like example in both word and deed.

#### *3. Advanced prayers and study*

You should prepare yourself mentally and spiritually before the session of camp. Consider asking your local elders or congregation to pray for you. Consider a season of prayer and fasting. While any Scripture will be helpful, consider a serious reading of some of the following: Ruth, Esther, selected Psalms, selected Proverbs, Acts, Ephesians, Philipppians, 1 & 2 Timothy, Titus and James.



### SPECIFIC JOBS

**The Dean will assign camp volunteers their specific job(s). Below is a list of typical jobs:**

*Adult Counselors* will work as the guide/coach for a small group of campers.

*Junior Counselors (JC)* will work with campers under the supervision of an adult counselor.

The *Dorm Mom* and *Dorm Dad* are in charge of keeping the dorm safe and clean during the week. They will hold a meeting at the beginning of the week explaining the rules.

*Teachers* will encourage and instruct campers in a classroom setting.

The *Recreation Director* will organize daily games and activities as directed by the Dean.

The *Devotional Speaker* will speak and minister to campers and staff during daily worship sessions.

The Dean will recruit a team of volunteers and direct the camp session while under the guidance of the Camp Manager.

**All Volunteer Staff stay in the dorm with the campers. The Dean has the option to stay in the Dean's Cabin.**



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## COUNSELOR CHECKUP

About halfway through the week of camp, try this self-evaluation to see how you're doing. Using a scale of 1-6, with 1 being "oops" and 6 being "fully satisfied," rate yourself!

I have taken the "spiritual temperature" of each camper. (I know whether or not they have accepted Christ, etc.)	1	2	3	4	5	6
I am aware of the general family situations of each camper.	1	2	3	4	5	6
I feel I am well prepared for our devotionals and other teaching times.	1	2	3	4	5	6
I feel I have been fair and effective in disciplining campers.	1	2	3	4	5	6
I am putting the interests of my campers before my own.	1	2	3	4	5	6
I am setting a good Christian example for campers.	1	2	3	4	5	6
I am confident and comfortable with my leadership abilities. (Punctuality, organization, enthusiasm, etc.)	1	2	3	4	5	6
I am confident in my ability to explain Christ to campers.	1	2	3	4	5	6
I am getting enough sleep to function well.	1	2	3	4	5	6
I am spending personal time with God.	1	2	3	4	5	6
If camp ended today I would go home feeling that I had a successful experience.	1	2	3	4	5	6

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## WHAT TO PACK...

- Enough outfits for the full session
- Flip flops AND closed-toe shoes
- Pillow and sleeping bag or sheets and a blanket for twin bed
- Swim suit (NO two-piece bikinis)
- Bible, pen/pencil, notebook
- Toiletries (soap, shampoo, toothbrush, toothpaste, etc.)
- Towels (beach and bathing)
- Sunscreen and bug spray
- Enough copies of handouts
- Any specialized equipment for skits, music, games and/or any extra audio/visual equipment

## WHAT NOT TO PACK...

- Electronic devices (iPods, MP3 players, e-readers, tablets, video games, etc.)
- Outside food items
- Magazines, comic books and novels
- Playing cards
- Prank items (shaving cream, silly string, etc.)
- Alcohol, tobacco and any other drugs (other than prescribed medications)
- Please no pocket knives, firearms or other weapons

***Please limit belongings to two pieces of luggage.***